

## Show Topics



### List of Specialties:

Cardiology, Arthritis, Ophthalmology, Dental, Wound Care, Radiology,

Internal Medicine/ Family Practice, Endocrinology, Sports Medicine, Orthopedics

Joint Pain, Orthopedics Spine, Nephrology, Neurology, Gastroenterology, General Surgery, Dermatology, P M& R, OB/Gyn, Oncology, Hematology, Pulmonary, Allergy/Immunology, Ear Nose & Throat, Podiatry, Psychiatry, Pediatrics, Emergency Medicine, Cardiothoracic Surgery, Urology

These are just a short list of specialties and topics. If you have a specific topic that you feel will benefit patients, we encourage you to contact us at [contact@DrCarrascoShow.com](mailto:contact@DrCarrascoShow.com)

### **Topics per Specialty:**

#### **Cardiology**

What is High Blood Pressure and how do you know if you have it?

What is Atrial fib and how do you treat it.

How do you know if you need a pacemaker?

How do you know if chest pain is coming from your heart?

Why you have high Cholesterol?

Are you at risk for a heart attack?

#### **Arthritis**

What is the difference between arthritis and rheumatism?

What is lupus and how does it affect you?

Why does Ankylosing Spondylitis cause you to get stiff?

What is Osteoarthritis and does it affect all the joints?

Is all joint swelling related to arthritis?

Why does my great toe hurt, is it Gout?

### **Ophthalmology**

Why do I have cataracts and how does it affect my vision?

Why do I have a retinal detachment?

Will my glaucoma cause blindness?

Macular degeneration – will it always cause blindness.

How does diabetes affect your vision?

### **Dental**

What is a root canal and why do we need them?

What do you do to find and treat a cavity?

When is the best time to get braces?

What are dental implants and are they better than dentures?

What is the best way to whiten teeth?

When should I get my molars removed?

What does it take to become a Dentist?

### **Wound Care**

What is a Wound Care specialist?

Why do bed sores occur?

When skin infections do not heal, what needs to be done?

Why do diabetic patients take longer to heal?

Why do we use Hyperbarics (Oxygen Tank) to help wounds heal?

How long do I normally give a bed sore to heal?

## **Radiology**

What is a radiologist, Are all the same?

How do we use Magnets to see inside the body?

How are MRI's and CT Scans different?

I fractured my Spine, how do you put cement in it to fix it?

How does a PET Scan tell me what part of my brain I am using?

I am at a higher risk than my neighbors to break my Hip? --Bone Density

## **Internal Medicine/ Family Practice**

What is the flu and how do I treat it?

When is a stomach ache a concern?

I am 50 what do I need to watch out for?

Routine Physical Exams what is included?

Why does the stomach virus cause Dehydration?

How do I know if I have appendicitis?

What do I need to get Cleared for Surgery?

I want to start an exercise program, do I need a checkup?

## **Endocrinologist**

What is an Endocrinologist?

What signs and symptoms point to diabetes?

How does the thyroid gland cause you to gain weight?

What is an insulin pump and how does it know how much insulin you need?

Can I take my family member's insulin?

How does an over-active thyroid hurt your body?

What is new in Diabetic research?

## **Sports Medicine**

What is the most common sports injury in high school athletes?

I sprained my ankle – should I use Heat or Cold?

How do I treat a hyper-extended knee?

Knee replacement – what age is too young?

Boxers get knocked out why?

Why are weight loss pills a problem for athletes?

## **Orthopedics**

### **Joint Pain**

Knee Pain- when does it require surgery?

What is a torn ligament—how do you fix it?

I have shoulder pain is it a Torn Rotator Cuff?

Why do Hip Fractures happen?

How do you treat a displaced knee cap (Patella)?

Cerebral Palsy- can you make my legs longer?

## **Orthopedics**

### **Spine**

Why do you need a laminectomy?

Bone Graft or Metal – do you need to fuse the spine?

Severe scoliosis- Harrington Rods or not?

50% chance of paralysis during back surgery—is this real?

What is the latest technique for disc surgery?

Lumbar Canal Stenosis – does it affect only older patients?

## **Orthopedics**

### **Foot/Ankle**

Plantar fasciitis, when is surgery absolutely necessary?

Will I need surgery for my Heel spurs?

When will I need a brace for my foot drop?

Bunion surgery, when, how, how long is the recovery time?

How do I know if I tore my Achilles tendon?

## **Nephrology (kidneys)**

How long does it take to get evaluated to see if you are a candidate for transplant?

What is a Paired donor and can anyone be one?

Transplant - Laparoscopic verses an open procedure?

Will need to have a rib removed for my transplant?

Do you remove the native Kidney and how do you attach it?

Will I need dialysis after a transplant?

## **Neurology**

I had a stroke on the right side of my face, why is my Left side of my body weak?

Bells Palsy – it's making my face droop?

EMG, putting needles into my body to evaluate my nerves.

My legs are numb and hurt, is it Peripheral Neuropathy?

My legs are weak, is it Muscular Dystrophy?

Are all strokes the same- will I fully recover?

Spinal Meningitis can it cause brain damage?

### **Gastroenterology**

When do I know if my pain is related to pancreatitis?

At what age do I need to get a colonoscopy?

Does a polyp in the colon always mean you have cancer?

When do you need to scope look inside your stomach?

New medical regimen to get rid you an ulcer.

Can you remove a Gallbladder through a camera?

When do I need surgery to cure my hemorrhoids?

### **General Surgery**

How do you remove my gallbladder?

Is a lump in my breast cancer, do a biopsy?

Is the appendix removed through a scope?

How do you do a gastric stapling surgery?

Why do patients a bag outside the abdomen to catch the feces?

How does a feeding tube work, will it help you live longer?

## **Dermatology**

Why do people develop shingles?

How do you remove those unsightly skin tags?

Acne in teenagers, are there new methods to treat this?

How do we use acid to treat acne, is it dangerous?

Is my mole skin cancer, if not what signs do I look for?

Spider bites destroy the skin, why and how?

## **P M& R (Physical Medicine and Rehab)**

Traumatic Brain Injury- can destroy lives why?

What is a stroke and how do you help these patients recover?

What can I do about my foot drop, do I need a splint?

How do I know if I am a candidate for a motorized wheelchair?

I have a stroke how do I know when it is safe to eat without choking?

## **Ob/Gyn**

Which breast lumps should I take serious?

Just how safe is the Pill?

Severe abdominal pain, is it Endometriosis, Am I at risk?

How do Doctors actually tie my tubes, is it permanent?

What are fibroids of the uterus and how do we remove them?

I am pregnant, do I need genetic testing, what will it tell me?

## **Oncology**

Why do you use radiation for certain tumors?

Does all chemotherapy cause hair loss, why does it happen?

What is new in Oncology and treatment of cancer?

What is chemotherapy and why do we use it?

How do you know if cancer has spread?

## **Hematology**

What is Leukemia and is it hereditary?

Can my severe Low Back Pain be due to Multiple Myeloma?

Blood thinners- what are they and how long will I have to be on them?

How long can I stop my blood thinners before surgery?

Why does anemia cause me to be so weak?

## **Pulmonary**

What are the symptoms of Lung Cancer?

How do you treat smoke inhalation after a fire?

Why does Emphysema cause severe shortness of breath?

How do you test for different lung diseases (Flow Volume Loop)?

How does asbestos harm your lung, cause cancer?

## **Allergy/Immunology**

Peanut allergy, will it last all of my life?

Will exercise make my asthma worse?

What is allergy testing, how long does it take to treat an allergy?

Latex allergies, what do you need to avoid?

How do I know if I am having a life threatening allergic reaction?

### **Ear Nose & Throat**

How hard is it to test my hearing, how do hearing aids work?

How do I know if my child needs tubes in his ears?

Vocal cord paralysis, how do you treat this?

Vertigo, meds, exercises, what triggers it?

Severe ringing in my ears, what is it and how do you treat it?

Salivary gland tumors, how do you treat them?

### **Emergency Medicine**

How do you know if the shortness of breath is due to a blood clot?

How do you treat alcohol overdose?

Tylenol overdose can kill you, how do you treat it?

What are some of the common myths about the Emergency Room?

What do you do to help the patient with a really high Blood Sugar Level?

### **Pediatrics**

What are growing pains in children and what should we do to treat them?

Tylenol or Motrin which one to use and why?

What is the best way to treat Colic, or are you better off using home remedies?

From newborn to toddler, what are the recommendations for feeding?

When is the best time to wean off the bottle, or a pacifier?

Can you tell how tall my 2 yr. old will grow up to be, Pediatric growth charts?

Pediatric Growth Charts, when do I really need to worry?

### **Cardiothoracic Surgery**

What is a heart stent and how does it prevent a heart attack?

My heart is weak, how do you test it and what can be done about it?

I have an aneurysm in my aorta, when will it require surgery?

Who needs heart surgery and how is it done?

Heart transplant, who is a candidate, how are they done?

### **Psychiatry**

My family member is Bipolar, what does it mean to the rest of the family?

Do I have Schizophrenia, and at what age does it usually occur?

Can therapy really help patients get over the addictive personality?

Did I inherit my bad mood or did it just occur because of my environment?

Why do patients mutilate themselves, can they really tell themselves to stop?

### **Podiatry**

Why do patients develop flat foot?

Do I need surgery to get rid of these bunions?

How can proper foot care keep you from a toe amputation?

Diabetic foot care, it can save your toes?

Heel spurs do they always require surgery?

## **Urology**

I have prostate cancer, should I have radiation, chemotherapy or surgery?

Thinking about getting a Vasectomy, what are the risks and benefits?

Renal cell cancer how common is it and what are the symptoms?

What are the common symptoms of testicular cancer, early treatments?

Is blood in the urine related to kidney stones, cancer, or infection?